

**Wilkinson Primary School**  
**PE Policy - Contents**

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## **Introduction:**

This policy expresses the school's purpose for the teaching and learning of Physical Education. It sets out our intention; the implementation of the curriculum, and assessment and monitoring based on the Physical Education programmes of study (POS) for Key Stages 1 and 2 (*DfE September 2014*).

Written by:	Mr E Slimm
Date written:	October 2023
Approved (governors) on	
Review Date	October 2025

## **Context**

High-quality physical education will inspire all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect. Therefore ...

## **INTENT**

...It is our intent that, by the time they leave Wilkinson Primary School, all our learners will: aspire to succeed and excel in competitive sport and other physically-demanding activities; providing opportunities for pupils to become physically confident in a way which supports their health and fitness; embedding values such as fairness and respect.

At Wilkinson Primary School our PE Curriculum is designed with the intent that whilst studying the children will develop:

- Competence to excel in a broad range of physical activities.
- The ability to be physically active for sustained periods of time.
- Engagement in competitive sports and activities.
- An appreciation of the need to lead healthy, active lives.

## **IMPLEMENTATION**

### **Purpose**

At Wilkinson Primary School P.E. is taught as an area of learning in its own right as well as integrated where possible with other curriculum areas. Each year group from Reception to Year 6 has two hours of dedicated P.E delivery per week. It is taught as a basis for lifelong learning, where the children have access to a wide range of activities in the belief that if taught well and the children are allowed to succeed, then they will continue to have a physically active life. We provide many

opportunities to compete in a wide range of different sports and it is these opportunities that we believe build character and help embed many life values.

### **Curriculum Development**

Researching and implementing the most recent developments in PE is seen as key to the improvement of the subject at our school. Over the past year staff have taken part in continuing professional development due to the implementation of a new Gymnastics scheme. An intervention programme for less active girls, designed around the principles of physical literacy, has been implemented with staff trained on the delivery of the programme.

### **Physical Education Curriculum Planning**

At Wilkinson Primary School the teaching of Physical Education is based on the National Curriculum Programmes of Study for PE. The programmes of study are delivered through the PE Core Activities for Key Stages 1 and 2, the Val Sabin Gymnastics Scheme and the Rising Stars Champions PE programme.

The following statements refer to The National Curriculum Physical Education Programmes of Study for Key Stages 1 and 2.

#### Key Stage 1

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils should be taught to:

- Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.
- Participate in team games, developing simple tactics for attacking and defending.
- Perform dances using simple movement patterns.

#### Key Stage 2

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils should be taught to:

- Use running, jumping, throwing and catching in isolation and in combination.

- Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending.
- Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics].
- Perform dances using a range of movement patterns.
- Take part in outdoor and adventurous activity challenges both individually and within a team.
- Compare their performances.

### **Assessment**

Assessment is carried out against National Curriculum attainment targets in all areas of PE. Staff use an assessment grid for judgements on Gymnastics located in a shared folder on the school network. All other areas of PE are assessed against PE Core Activities endorsed by the Association for Physical Education with gradings against core skills. These assessments are kept in a class folder and are passed onto the next class teacher showing the progression made.

### **Swimming and Water Safety**

All schools must provide swimming instruction either in Key Stage 1 or Key Stage 2. At Wilkinson Primary School all Year 5 children take part in Swimming lessons over the whole year.

In particular, pupils should be taught to:

- Swim competently, confidently and proficiently over a distance of at least 25 metres.
- Use a range of strokes effectively [for example, front crawl, backstroke and breaststroke].
- Perform safe self-rescue in different water-based situations.

### **Monitoring**

The impact of the PE curriculum is monitored regularly by the PE subject leader through pupil discussion, discussion with teachers, sampling of performances and lesson observations. Feedback from monitoring is given to individuals and groups in order to improve performance. Systematic monitoring of all threads of Physical Education informs the subject leader of issues for development to be included in the school development plan. The PE leader conducts regular audits of the training needs of teachers and teaching assistants to improve their subject knowledge and confidence. Requests for training in PE can be part of individual teacher's performance management plan.

### **EYFS**

We recognise the importance of physical development in the Early Years Foundation Stage as a prime area of learning. Children in the EYFS access time and space to enjoy energetic play through continuous provision. Furthermore, specific teacher led P.E. lessons give children the opportunity to practise movement skills that can be built on when entering KS1.

### **Equal Opportunities**

At Wilkinson we are committed to promoting equal opportunities irrespective of socioeconomic background, gender, disability and ethnicity in all areas of the curriculum. We believe that children should have equal access to and participation in a range of physical education activities.

### **Resources**

P.E. equipment is stored safely in the P.E. cupboard that is located in the school hall and only members of staff and Soccer 2000 are allowed to enter. The cupboard is regularly checked to check its tidiness and organisation. The P.E. and Sport Premium is designated to help primary schools improve the quality of the P.E. and sport activities they offer their children. Schools receive P.E. and Sport Premium funding based on the number of children in Years 1 to 6. Information about the school's funding allocation and how it is spent each year is published on the Wilkinson Primary School website under 'Statutory Information' and 'P.E. and Sports Premium'.

### **Health and Safety**

When using apparatus in any area of the P.E Curriculum the teacher must make sure that all the children can partake in activities with apparatus safely. The following rules apply to all apparatus throughout the school:

- No child touches apparatus without permission.
- No child goes on apparatus without permission and only after the teacher has checked that piece of apparatus.
- Behaviour on or with apparatus is exemplary.

Clothing for P.E:

- 1) Green shorts
- 2) White T-shirt
- 3) Black pumps or bare feet for indoor P.E
- 4) Trainers for outdoor P.E
- 5) In the winter months tracksuits may be worn over shorts and T-shirts

Children should bring their P.E kit into school at the start of the term and keep it here until half term or the end of term. All jewellery should be removed during P.E lessons (except for sleepers). Hair should be tied back during P.E lessons. Staff should consider their own safety with regard to personal clothing, footwear and jewellery when involved in the teaching of any P.E. activity.

### **Review:**

- This policy will be reviewed annually by the Physical Education subject leader and leadership team and shared with the school community.



## PE Policy

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Show Pride and Respect in all that we do