



Wilkinson Primary School Physical Education Policy

Introduction

This policy expresses the school's purpose for the teaching and learning of Physical Education. It sets out the aims; planning of the curriculum and assessment and monitoring based on the Physical Education programmes of study (POS) for Key Stages 1 and 2 (DfE 2014)

Written by:	Mr E Slimm
Date written:	October 2024
Approved (governors) on	
Review Date	October 2025

Curriculum Statement:

Wilkinson Primary School recognises the value of Physical Education (P.E). We fully adhere to the aims of the national curriculum for physical education to ensure that all children:

- Develop competence to excel in a broad range of physical activities.
- Are physically active for sustained periods of time.
- Engage in competitive sports and activities.
- Lead healthy, active lives.

High-quality physical education will inspire all pupils to succeed and excel in competitive sport and other physically demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

Intent:

All our children will aspire to succeed and excel in competitive sport and other physically demanding activities; providing opportunities for pupils to become physically confident in a way which supports their health and fitness; embedding values such as fairness and respect.

Implementation:

At Wilkinson Primary School P.E. is taught as an area of learning in its own right as well as integrated where possible with other curriculum areas. Each year group from Reception to Year 6 will have two hours of P.E delivery per week.

Impact:

P.E. is taught as a basis for lifelong learning, where the children will have access to a wide range of activities in the belief that if taught well, the children will continue to have a physically active life. Other opportunities to compete in sport will build character and help embed many life values.



Assessment:

The assessment of P.E. at Wilkinson Primary School is in accordance with the National Curriculum attainment targets for each key stage:

Key stage 1

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils should be taught to:

- Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.
- Participate in team games, developing simple tactics for attacking and defending.
- Perform dances using simple movement patterns.

Key stage 2

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils should be taught to:

- Use running, jumping, throwing and catching in isolation and in combination.
- Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending.
- Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics].
- Perform dances using a range of movement patterns.
- Take part in outdoor and adventurous activity challenges both individually and within a team.
- Compare their performances.

Staff members will gather evidence on pupils by using Core Task assessments as well as gathering evidence using videos, photographs and small activities.

Swimming and water safety

All schools must provide swimming instruction either in key stage 1 or key stage 2. However, we recognise the important of swimming and offer swimming lessons to the whole school on a yearly basis using an on-site pop-up swimming pool.

In particular, pupils should be taught to:

- Swim competently, confidently and proficiently over a distance of at least 25 metres.
- Use a range of strokes effectively [for example, front crawl, backstroke and breaststroke].



- Perform safe self-rescue in different water-based situations.

EYFS:

We recognise the importance of Physical development in the Early Years Foundation Stage as a key area of learning. Children in the EYFS access time and space to enjoy energetic play. Furthermore, specific teacher led P.E. lessons give children the opportunity to practise movement skills that can be built upon when entering KS1.

Equal Opportunities:

At Wilkinson we are committed to promoting equal opportunities irrespective of socioeconomic background, gender, disability and ethnicity in all areas of the curriculum. We believe that children should have equal access to and participation in a range of physical education activities.

Resources:

P.E. equipment is stored safely in the P.E. cupboard that is located in the school hall and only members of staff and Soccer 2000 are allowed to enter. The cupboard is regularly checked to check its tidiness and organisation. The P.E. and Sport Premium is designated to help primary schools improve the quality of the P.E. and sport activities they offer their children. Schools receive P.E. and Sport Premium funding based on the number of children in Years 1 to 6. Information about the school's funding allocation and how it is spent each year is published on the Wilkinson Primary School website under 'Our Learning', 'Subjects' and 'P.E'.

Health and Safety:

When using apparatus in any area of the P.E Curriculum the teacher must make sure that all the children can partake in activities with apparatus safely. The following rules apply to all apparatus throughout the school:

- No child touches apparatus without permission.
- No child goes on apparatus without permission and only after the teacher has checked that piece of apparatus and modelled how to use it correctly.
- Behaviour on or with apparatus is exemplary.

Clothing for P.E:

- 1) Green shorts
- 2) White T-shirt
- 3) Black pumps or bare feet for indoor P.E
- 4) Trainers for outdoor P.E
- 5) In the winter months tracksuits may be worn over shorts and T-shirts

Children should bring their P.E kit into school at the start of the term and keep it here until half term or the end of term. All jewellery should be removed during P.E lessons (except for sleepers). Hair should be tied back during P.E lessons. Staff should consider their own safety with regard to personal clothing, footwear and jewellery when involved in the teaching of any P.E. activity and must wear suitable clothing.